

October 2010

Welcome to the new look Inspire LeicesterShire newsletter, keeping you up to date with what is happening in Leicester and Leicestershire to maximise the benefits of the London 2012 Olympic and Paralympic Games and detailing how you can get involved.

## Have You Got What It Takes To Be A Games Maker?



The search is on to find 70,000 volunteer Games Makers to ensure that the London 2012 Olympic and Paralympic Games are a success. The closing date for applications is Midnight on 27 October 2010.

To find out more about the opportunities available and to learn how you may be able to claim up to **£500** towards your travel and accommodation expenses, please visit [www.inspireleics.org.uk/gamesmakers](http://www.inspireleics.org.uk/gamesmakers)

## Leicester Family Benefit from London 2012 Games Volunteer Programme



It's a family affair for brother and sisters, Ben McManus, Shelley Powley and Michaela McManus who have all reaped the rewards of going on the Personal Best programme at Leicester College.

Personal Best was set up by the Learning and Skills Council, Mayor of London, Job Centre Plus and the London Development Agency to give unemployed people the opportunity to develop skills to prepare them for working as a London 2012 Olympic Games volunteer.

[Read the full story](#)

## My Games My Legacy



My Games My Legacy (MGML) is a campaign designed to raise awareness of the opportunities presented by the London 2012 Olympic and Paralympic Games for the people of Leicester and Leicestershire.

In the run up to the Games we will be rolling out a number of projects that we hope will inspire you to get involved, [make a pledge for 2012](#) and help us to create a lasting legacy.

MGML is supported by a number of [local ambassadors](#) including Former Olympic Gymnast Avril Lennox, MBE, Former Paralympian and Wimbledon Champion, Jayant Mistry, Special Olympian Lee Penfold and Diet and Fitness Guru, Rosemary Conley, CBE.

MGML launched on the 27<sup>th</sup> July and was featured on ITV News; you can view the footage on our [YouTube Channel](#). We are also proud to announce MGML has been granted the prestigious London 2012 Inspire Mark, the badge of the London 2012 Inspire programme which recognises exceptional and innovative projects inspired by the 2012 Games.

[Find out more and make your 2012 pledge](#)

## My Games My Legacy - Patchwork Pledge



Inspire LeicesterShire & Lionheart Project would like to invite you to get involved with the My Games / My Legacy Patchwork Pledge Project, which is designed to inspire people of all ages to get involved and get creative.

We would like your help to create a 'London 2012 inspired' pledge blanket in aid of Age Concern. A blanket so big, we aim to cover a building with it to celebrate the Games in 2012.

Find out more about the [Patchwork Pledge](#) and [Lionheart Project](#)

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## Inspire Culture Competition

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Win a family portrait photography session, a digital camera, or an art set by entering the Inspire Culture 2012 pledge competition.

To enter, simply make your 2012 pledge in a cultural way e.g. draw a picture, write a poem, write in a creative way, take a photo or make a short video (up to 90 seconds)! It's up to you how creative and innovative you want to be!

[Find out more](#)

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## Get Set & the Get Set Network

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Over 270 Leicester and Leicestershire schools and colleges have signed up to Get Set, the London 2012 education programme which offers children and young people aged 3-19 years the opportunity to learn more about the Olympic and Paralympic values and to play their part in the 2012 Games.

There are now 12 Get Set Network schools and colleges in Leicester and Leicestershire.

Visit the official [Get Set Website](#) to find out more and to register your school.

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## Get Set to Make Your Mascot Competition

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A competition has been launched for children and young people from across the UK to design a customised version of one of the 2012 mascots, Wenlock and Mandeville, which represents their area, community or region.

In addition to the fantastic prizes on offer from Get Set, Inspire LeicesterShire would like to offer your school/college the opportunity to win a mini version of Wenlock and Mandeville. Simply enter the national competition, and the best entry received by LOCOG from a Leicester or Leicestershire school will win the prize.

[Find out more](#)

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## 'Musubi' project welcomes Japanese footballer to Loughborough University

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Leicester City and Japan footballer Yuki Abe sampled a taste of home, when he visited the award winning 'Musubi' project at Loughborough University.

Yuki, who joined Leicester City in August, and played for Japan in the World Cup, participated in a penalty shoot out with pupils from Brookvale High School in Groby.

[Read the full story](#)

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## Loughborough Flames launches new website

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A new website to support the national roll out of Loughborough Flames, the 2012 inspire marked programme is now live.

Containing all the latest information and news updates [www.loughboroughflames.com](http://www.loughboroughflames.com) is the dedicated website for the Flames programme where users can find out information about the programme and how to get involved, watch video footage of Flames in action, as well as learn from the experiences of those who have already benefitted from taking part.

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## Singapore 2010 Youth Olympic Games

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Triple European Junior Gymnastics Champion and Inspire LeicesterShire Ambassador Sam Oldham, can now add the title of Youth Olympic Champion to his collection after he won gold in the horizontal bar at the inaugural Singapore 2010 Youth Olympic Games. In addition to his Gold medal, Sam also won the silver medal in the pommel horse event.

Look out for Sam's recent interview with the Wave Newspaper.

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## LRS Go Gold Fund Raiser

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Leicester-Shire and Rutland Sport have teamed up with Leicester City Football Club and Leicester Tigers to help raise vital charity funds through their cash back schemes.

By purchasing tickets for the Leicester City v Sheffield Utd game on Wednesday 10th November or the Leicester Tigers v Perpignan game on Sunday 19th December 2010, not only will you get the opportunity to experience the thrill of a live sporting event, you can also help us raise vital funds for the Go Gold Talented Athlete Fund.

[Find out more](#)

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## New scheme for SMEs to get involved in London 2012 launched

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A new and innovative fundraising programme has been launched to help meet the £25million fundraising target set for Team 2012.

Designed exclusively for SME's across the UK, *Our Team 2012* provides smaller businesses with an opportunity to support high performance Olympic and Paralympic sport as we enter this most exciting phase in the build up to London 2012 while raising vital funds to equip our athletes with the best training and equipment required to compete at the highest level.

[Find out more](#)

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## London 2012 Business Opportunities

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Invitations to tender for a broad range of 2012 contracts continue to be published on a daily basis. Current opportunities include, the supply and installation of polycarbonate cladding, street lighting and provision of a machine to cut and collect water weed!

[Find out more](#)

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## Leicestershire, Leicester & Rutland's Oldest Athlete Event

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A truly inspirational evening, the first of its kind anywhere in the UK, the Leicester-Shire & Rutland Sport Oldest Athlete Celebration Event was held recently to celebrate the achievements of sports people, volunteers and physical activity participants from across Leicestershire, Leicester and Rutland.

[Find out more](#)

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## NHS Choices - Get fit with the Olympics

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Get into the 2012 spirit and kick start your active lifestyle with the NHS Choices guide to taking up sport and exercise.

There are a number of tools available to help you to become more active. Why not find out which Olympic sport you are best suited to with a short psychological and aptitude test. Developed with an expert team of sports psychologists at Loughborough University.

[Find out more](#)

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## Parkrun - Volunteers needed

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Volunteers are needed to assist with Parkrun, a brand new running concept, which is being introduced to Leicester this year. Parkrun is a weekly running event, over a 5k course, which will take place on a marked route at Braunstone Park every Saturday morning. Parkrun is entirely volunteer led. It's a completely free event run by the community for the community.

[Find out more about Parkrun and other local sports volunteering opportunities](#)

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## The Leicester-Shire & Rutland A-Z of Sport

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# A-Z

The A-Z of Sport provides key information about sport and physical activity in Leicestershire, Leicester and Rutland. Each sport / physical activity has its own page and provides key contact details, resources, news and links.

Visit the website at [www.lrsport.org.uk/a-zofsport](http://www.lrsport.org.uk/a-zofsport)

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### Have you got what it takes to be a Paralympian?

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Do you think you have the potential to compete, and win, against Britain's top athletes with a disability? If so this is your opportunity to experience and find your Paralympic sport.

Paralympics GB run a series of Paralympic Potential days where athletes are invited to try out with coaches from the Paralympic sports. Held at differing venues across the nation, the days give athletes who think they have potential the opportunity to meet highly experienced coaches and show what they can do.

[Find out more](#)

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### Have you got what it takes to be a Paralympic Presenter on Channel 4?

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For the next few months, Channel 4 will be scouring the globe to find the absolute cream of disabled sports presenting, reporting and commentating talent for the London 2012 Paralympic Games.

Channel 4 are also on the lookout for new disabled on-screen talent for the entire spectrum of their programming. Comedy, drama, documentaries, news...

[Find out more](#)

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### Double European Champion launches Leicester Stars/KORT 5km Family Fun Run.

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Double European Champion Mo Farah was in the city recently to launch the Annual Leicester Stars/KORT 5km Family Fun Run at Victoria Park.

[Find out more](#)

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### Delhi 2010 - XIX Commonwealth Games

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The Commonwealth Games are underway in Delhi and there have already been a number of success stories for athletes based at Loughborough University. The Games will run from the 3rd – 14<sup>th</sup> October.

[Find out more](#)

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### London 2012 launches Christmas collection

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We may have only just entered into October but London 2012 has already launched its Christmas collection of merchandise and souvenirs. The collection, styled with assistance from London 2012 sponsor and licensee Next, features a wide selection of products.

For those who cannot wait for Father Christmas, there are already a number of London 2012 products on sale.

[Find out more](#)

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### Feedback

If you have any feedback regarding this newsletter or the website, or you would like to let us know about an event or the work you are doing in the lead up to London 2012, please do not hesitate to [contact us](#)

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